



PREPARING FOR YOUR

Boudoir Session

Choosing outfits can be a bit stressful, the most important thing to remember is to make sure you choose outfits that make you feel sexy, but at the same time are comfortable. A silk robe to wrap yourself in is a dynamite outfit and will allow you to move around and relax. Bring at least one or two bra and panty sets. Corsets, garters and nylons are also great.

An oversized sweater or mens dress shirt can lend itself to a more casual but outstanding and very sexy look. That gorgeous dress that you've been dying to wear can be subtly sexy and create images that you can share with friends and family if you're the least bit shy about sharing your more personal images. Denim and lace is another killer look! For an edgier look a bra and leggings with amazing heels can be a sexy look.

Accessorize your looks with shoes – bring at least a couple of pair that work with your outfits. Remember you're not going to be walking in them so they don't have to be super comfortable. Other accessories that work are necklaces, earrings, hats, even boots can provide a whole other look to your images.

Tie in some hobbies, athletic wear, or props to add a touch that highlights your passion. An athletic jersey from your favorite team, clothing that you would normally only work in, or something that shows yours or someone special's interests.

THE DAY OF YOUR SESSION

Arrive with loose-fitting or no underwear/bra. You want to avoid tight bras and underwear to avoid having lines in your skin. These take a while to disappear and can draw attention away from you in your photos.

Eat a healthy and light lunch. You want to avoid being bloated or lethargic from eating a large, unhealthy lunch. Nobody feels their most confident with a food baby. You want to eat something filling to avoid becoming hungry during the shoot. Eat your veggies, they'll keep you full and lean. Bring outfit on hangers to avoid wrinkles. If your getting your hair and makeup done by our artist; please make sure you have dry hair.